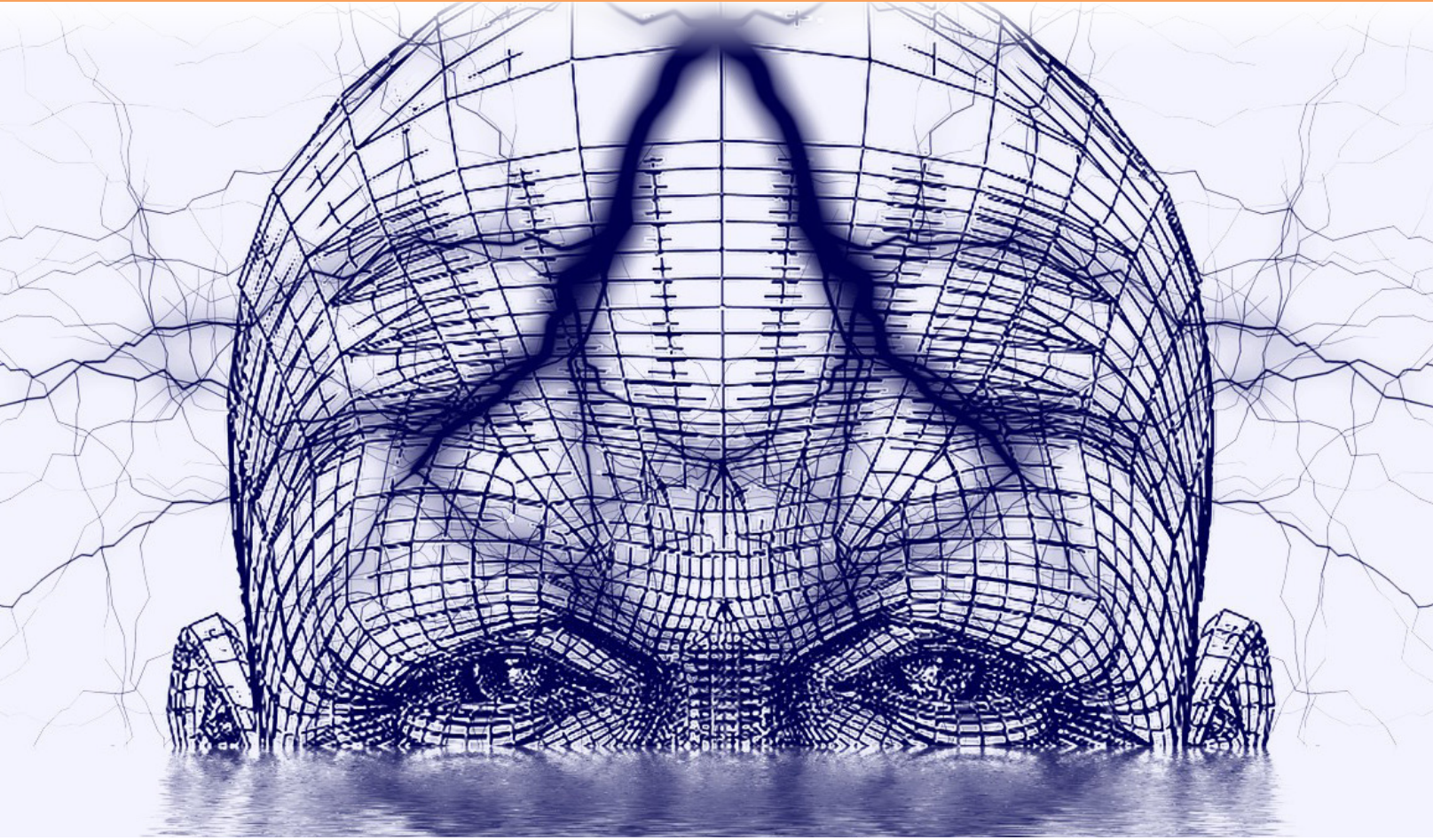


HEADACHE AND MIGRAINE SUPPORT GROUP



Don't feel isolated or alone

**Learn more about managing your migraines and headaches
by sharing your experiences**

Join our support group

Saturday 4th February at 1.30pm

Kingston Area, London

If you are interested in joining the group then please contact Rachel at
Migraine Action on info@migraine.org.uk or call **08456 011 033**

For more information on migraine visit www.migraine.org.uk



MIGRAINE ACTION